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13 Lyric Drive
Newark, DE 19702
September 7, 1985

Ms. Ann Cardinal (3PA00)
US EPA - Region III
841 Chestnut Street
Philadelphia, PA 19107

Dear Ms. Cardinal:

I'm sorry I will be unable to attend the meeting at Glasgow H.S.
on September 12. I had already scheduled a veterinarian's
appointment with two chiropractors using B.E.S.T. These ladies
are there only on every other Thursdays and this is the last
chance I can see them before December since we teach obedience
on Thursday nights. They are working on my show dog who has a
disc out in her back. This particular Thursday they are going
to show me what to do for her until we can see them in December.

Anyway, I thought I'd tell you of a problem I have been having,
which has turned out to be somewhat water oriented.

About 8 years ago I started to fall apart. The doctor told me
I was approaching menopause, but I wasn't ready for what I started
going through. My head was leave me lots of the time and while
I functioned normally I never knew how. I turned extremely stiff
and found it hard getting out of chairs, the car, and even up
from placing things in the file cabinet. I was then about 40.

I started searching for why, but doctors looked at me like I was
nuts. I finally tried hormones, which didn't help. I tried a
nutritionalist who blamed an alergy but he couldn't find me
alergic to anything. I tried Homeopathy and finally I fould "Touch
for Health".

The last week of our "Touch for Health" Series I we brought bottles
of water for testing. All I had to do was pick up ours and I
immediately "brain switched". I had taken 3 bottles, one from the
kitchen which goes through 3 filters, 1 from the bathroom which
goes through 2 filters and a bottle of Great Bear Spring Water.
These bottles were identical except for little notations on the
top so I didn't know what was being tested until after the test.

I immediately removed all of our water from my system and bought
about 75 bottles of Great Bear. There was an improvement, but
I still was washing and brushing my teeth in our water. We went
away on vacation and I was fine, no stiffness, etc. When we
returned, the stiffness returned. I still am not drinking our
water but am cooking and brushing teeth - and washing - in it.

CRITICAL

One thing I forgot to tell you. While we were in these classes, and before we water tested, we had learned just how important water is for your body, so we increased our drinking of water. I was up to 2 quarts a day and started experiencing awful pains in the stomach and diahrea. This went on for 5 days until I suspected maybe it was the water and cut back - I also then learned about my problems with our water. I have had no problems since I stopped drinking our water.

Two weeks ago we took our water into New Castle County to be tested. I received the results last Thursday and they are "fine". I am going to call on Monday for a copy of the results. It was tested for bacteria and chemicals.

My husband works for the City of Newark so he called the water department to see if they could tell him what is in water. They suggested testing for nitrates, which I plan to do in the near future. I also realize there could just be something that is normal that does bother me personally, but would bother no one else. The City suggested we contact you and tell you of the problem just in case you are planning to do any further testing because of the dump site.

I can add just one more thing. My husband doesn't feel the water has bothered him; however, he has always been a water drinker, while I wasn't, and he has experienced an awful lot of stomach problems. These problems are not there now he is drinking bottled water. He also complains of swollen fingers and stiffness - which he normally doesn't have when we are away.

Once again, I'm truly sorry I cannot attend the meeting. We have to leave here at 6:30 for a 8:15 appointment in Yardley.

Sincerely,

Marilyn Harmer

Marilyn E. Harmer

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